

Redland Children's Centre

For all families with children
under 5 in the Chippenham area



Winter Newsletter

January to March 2010

All activities, stay & plays and events are

Free!



Registered Charity No 216250

Wiltshire Council
Where everybody matters

Sure Start
Children's Centres

 **Barnardo's**
South West
BELIEVE IN CHILDREN

Welcome to the Redland Children's Centre Winter Newsletter. Find out what **Free Fun** activities are available for families with children **under 5 years old** over the winter at your children's centre.

Bus Trip
to
Bristol

Blue Reef Aquarium

March 3rd, 2010



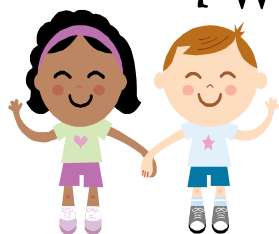
For more information,
please contact the
children's centre on
01249 463907



To book a place on the bus a £5.00 refundable deposit will be required. Deposits will be returned on the day

Growing Happy Children 7 Week Sessions

Free!



20th, 27th January 2010
3rd, 10th February 2010
3rd, 10th, 17th March 2010

1:00pm to 3:00pm

Take this opportunity to discuss parenting issues, ideas and suggestions with other parents, in a relaxed and supportive environment.

If you are interested, please contact Diane or Kelly on 01249 463907 for more information



10 Week Friday Sessions (Under 13 Months)

Baby Sensory introduces you and your baby to a world of rich and varied sensory experiences in a creative and enjoyable environment to encourage learning and development

The Pheasant – Chippenham
10:00am – 11:00am

January 15, 22, 29
February 05, 12, 26
March 05, 12, 19, 16

Health Visitor Referrals are priority
Limited Spaces
Contact Redland Children's Centre
to book a place

NEW!

Sensory Room

Free!

A great way to relax and enjoy spending time with your children under 5 years

30 Minute slots for you and your child or a small group up to (4) parents

Available Monday – Thursday
Booking Recommended



Baby Chill out sessions Wednesdays and Fridays
Contact Redland Children's Centre for further information on 01249 463907

Let's Get Healthy

Are you interested in getting fit whilst having fun with your children?

We are planning lots of fun activities for next year so tell us your ideas and let us know how you want to be involved.

E-mail me liz.james@barnardos.org.uk or talk to any member of the team



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Loads
of crazy
Fun



Wednesdays

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First Session - Walkers
1:15pm to 2:00pm

Second Sessions - Crawlers
2:10pm to 2:45pm

13th, 20th, 27th January
3rd, 10th, 17th, 24th February

3rd, 10th, 17th, 24th March
At

The Pheasant, Chippenham



Tuesday
Gym4Teenies

10 Week
Sessions

10:15am - 11:00am

12th, 19th, 26th January
2nd, 9th, 23rd February
2nd, 9th, 16th, 23rd March

3 yr to
5 Yr Olds

At The Pheasant, Chippenham

Earn your

Official Badge and Certificate from the British
Gymnastics Association

Contact Redland Children's Centre to book a place



Quit Smoking

Would you like to give up smoking?

Make it a New Years Resolution

Please contact the Children's Centre for
Support on 01249 463907

Saturdays



with DAD

Martial Arts
Sessions

January 23, 30
February 6, 13, 20, 27
March 6, 13, 20, 27

2:00pm - 2:30pm

Frogwell Primary School



Antenatal Classes

NCT in partnership with Redland and Calne
Children's Centres are running 2 - half day
classes for mums and dads to-be who feel they
need more support



Dates include:

19th, 26th January 10:00am - 2:30pm
9th, 16th March 10:00am - 2:30pm

For more information, please contact Redland

Weekly Craft Sessions

Every Tuesday

Term Time Only

10:30am to 11:30am

Needle Hall

Chippenham, Town Centre

Just Drop In

Health Visitor Drop In



Post Natal
Exercise Classes

Coming Soon!

Dates to be confirmed. To find
out more contact Redland
Children's Centre on 01249 463907

Stay and Play Group Schedule

<u>Stay & Play</u>	<u>Day</u>	<u>Time</u>
Under 1's Group *	Monday	1:00pm – 2:15pm
Toddle Group (1 Years Old) *	Monday	10:00am – 11:15am
Under Ones for Young Parents Group *	Tuesday	1:00pm – 2:30pm
Toddle Group (1 Years Old) *	Wednesday	9:45am – 11:00pm
Toddle group (2 Year Olds) *	Wednesday	11:15am – 12:30pm
Under One's Group *	Thursday	10:00am – 11:15am
Little Learners (2 Years Old) * Term Time Only	Thursday	1:00pm – 2:15pm
Young Parents Under 5's *	Thursday	3:00pm – 4:15pm
Toddle Group (1 Year Old) *	Friday	1:00pm – 2:15pm

* Limited space in all groups, to join please call Redland Children's Centre on 01249 463907



FRIDAY MORNING KNITTING CLUB

Every Friday 10:15am – 12:15pm – Drop In – Term Time Only

Are You A Childminder, Parent Or Potential Childminder?

Every second Tuesday of the month between 9:00am and 11:00am Sandy Richards your Childminder Development Officer (CMDO) will be at Redland Children's Centre for drop-in advice surgery.

(Term Time Only)

I can offer advice, guidance and support on any topic relating to childminders.

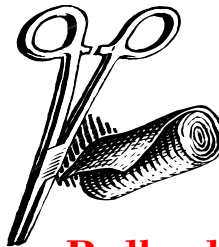
Just drop-in with or without children.

Tel: 01793 851565

Mobile: 07500 126710

E-Mail: Sandyrichards@wiltshire.gov.uk

Saturday First Aid Session



30th of January, 2010

27th March, 2010

9:30am – 12:30pm

At

Redland Children's Centre

Please contact Redland Children's Centre 01249 463907 to book a place

E-Mailings

If you are interested in receiving your newsletters, current event flyers and useful internet addresses by e-mail, please send a request on: redlandchildrenscentre@barnardos.org.uk



HEALTH VISITOR DROP-IN

Friday 9:00am – 10:00am Redland Children's Centre

Redland Children's Centre, Brook Street, Chippenham, Wilts SN14 0JE, Telephone: 01249 463907